BESFI 2018

and



VALIA SEISKAYA **Artistic Director**

LONG ISLAND'S Master Summer Workshop July 9 to August 17

Faculty (dates in residence 2018)

- **❖ VASO KIKNA (Jul 9-Aug 17)**
- ❖ ELENA SGOURAMANI (Jul 9-Aug 10)
- **❖ ALEXANDRA BERGMAN (Jul 9-13)**
 - ❖ IAN POULIS (Jul 16-20)
 - **♦ MARY CARPENTER (Jul 23-27)**
 - **❖ ANDREA BERGEMAN-RAK** (Jul 30-Aug 10)
 - **❖ VILIA PUTRIUS (Aug 13-17)**
- MINDAUGAS BAUZYS (Aug 13-17)

Classical Ballet Technique, Pointe, Character, Pas de Deux, Turns, Variations, Allegro, Theatrical Dance, Contemporary, Yoga, Improvisation, Greek Dances, Pilates and Stretch & Strengthen

2018 Workshop	Advanced	Advanced	Intermediate 2CI/3CI Prgm		
Fee Schedule	Program 4CI	Intermediate 3CI			
Reservation Deposit (Applicable toward tuition)	\$500	\$400	\$225/\$325		
Six Weeks Five Weeks Four Weeks Three Weeks Two Weeks One Week Daily Single Class	\$2,450	\$1,790	\$900/\$1,390		
	\$2,075	\$1,530	\$775/\$1,190		
	\$1,700	\$1,260	\$645/\$990		
	\$1,350	\$985	\$515/\$790		
	\$975	\$710	\$385/\$570		
	\$550	\$400	\$225/\$330		
	\$125	\$ 88	\$50/\$72		
	\$ 35	\$ 32	\$ 26		

Created in 1981, the BESFI Summer Workshop is designed to provide professional training for serious students of ballet. The Ballet Education and Scholarship Fund, Inc. is a not-for-profit organization, one of whose purposes is to provide the highest quality training at an affordable price. Four programs offer: Advanced 4 Classes (Cls)/day, Adv./Inter. 3 Cls/day and Intermediate 3 Cls/day or Inter. 2 Cls/day programs.

As you can see from the staff credentials outlined below, BESFI continues to attract an outstanding faculty of Master Teachers. The same care is taken in the selection of students. Again this season, a special effort is being made to attract male dancers in order to take full advantage of the teaching staff and pas de deux classes. Three dedicated male tuition scholarships have been set aside to fulfill our goal.

Over the past thirty-seven plus years, the BESFI summer program has stressed a full range of classwork. Although varying slightly year-to-year, courses offered include classical technique with specialized classes in variations, pointe, allegro, character ballet, pas de deux, port de bras, contemporary/modern dance and theatrical dance. Detailed scholarship information on competitive scholarships appears on the inside back cover of this brochure. For further information call: (631) 584-0192.

Several changes were introduced last year. We pushed up the starting date in July and similarly ended one week earlier in August for vacations and school orientation sessions. The 2018 workshop will be held from July 9 through August 17 at the Seiskaya studios located at 7 Flowerfield, Suite 16, St. James, Long Island, New York 11780, (631) 862-6925. Class size is limited. Both large, air-conditioned studios feature resilient composite flooring, mirrors and dressing rooms.

Under the artistic direction of Mme. Valia Seiskaya, the BESFI Summer Program has attracted a prominent staff of instructors. Each staff member brings a broad range of dance experience and expertise. Although generally favoring the Vaganova teaching method, the staff will offer a varied approach, as indicated by their backgrounds.

VALIA SEISKAYA Artistic Director

Mme. Seiskaya was with the Greek National Opera for seventeen years and, as a featured soloist, toured Europe and Russia. In 1974, she established the Seiskaya Ballet School and, in 1981, the Seiskaya Ballet Academy, which has national recognition as an outstanding professional preparatory program. Seiskaya-coached dancers have captured numerous regional and national titles, including a Presidential Scholar in the Arts citation. Students have competed with notable merit in ten international ballet competitions, placing as semi-finalists and finalists and capturing three gold medals and a bronze. Over seventy-five students have opted for professional careers in major companies, such as American Ballet Theatre (5), Royal Swedish Ballet, Boston Ballet (2), Pittsburgh Ballet, Pacific Northwest Ballet, Ballet West, Atlanta Ballet (2), Fort Worth Ballet, Tulsa Ballet, Eliot Feld Ballet, Hartford Ballet (2), Milwaukee Ballet (3), Washington Ballet, State Ballet of Missouri, Ballet Memphis, Louisville Ballet (2), Ballet Austin, Momix (2), Tennessee Ballet, Alabama Ballet (2) and New Jersey Ballet.

BESFI SUMMER INTENSIVE (July 9-August 17)

The Advanced program continues to feature four classes daily with a fifth period added to the schedule providing a lunch break in the middle. Our emphasis on a wider array of classes such as pas de deux and character classes continues this season. The following biographical profiles will introduce you to our staff. The color coding utilized is for ease of locating a specific instructor on the 6-week schedule centerfold spread. We look forward to another exciting summer!

VASO KIKNA (July 9-August 17)

Born in Poland of Greek lineage, Ms. Kikna studied at the Academy Poznan. She joined the Polish State Opera Brotslaf, and in 1983, continued her career with the Greek National Opera in Athens as both a performer and assistant choreographer. She has staged several works at the new Grand Concert Hall Athenon in Athens. A classicist, she has staged Le Corsaire, Nutcracker, La Sylphide, Napoli, Flower Festival, Pas de Quatre, Don Quixote and Coppellia for which she was recognized by the Bureau of Humanities of Greece. Ms. Kikna is one of Greece's most sought after Master Teachers.

(ELENA SGOURAMANI (July 9-August 10))

A Doctoral Candidate in Cognitive Science at the University of Athens, Elena investigates dancers' temporal perception and makes relevant presentations at International Conferences. She holds a dancer-professor diploma in classical and contemporary dance from the Greek Ministry of Culture and a BA in Pedagogy. She was with the renowned Rudra Bejart Company in Lausanne, Switzerland for two years touring throughout Europe. Subsequent to a stint with the Fribourg Opera in Switzerland, she later joined the State Theater of Northern Greece for six seasons and then freelanced for another two years. Elena is a faculty member of a noted professional academy in Athens and guest teaches.

ALEXANDRA BERGMAN (July 9-13)

Swedish born Alexandra, a Seiskaya alum, began her professional career at Tulsa Ballet as an apprentice and retired as a principal dancer in 2013. Her extensive repertoire includes principal roles in the Rite of Spring, Val Caniparoli's Lambarena, Ma Cong's Carmina Burana, The Great Gatsby, La Sylphide, Theme and Variations, Carmen and Push Comes to Shove. In addition, several roles were created specifically for her. Alexandra has staged works for Ballet Des Moines, at Kansas City Dance Festival and for Tulsa Ballet. She is on faculty with Tulsa Ballet and continues to teach master classes across the US.

IAN POULIS (July 16-20)

Seiskaya alum Ian Poulis is a former Artistic Director of the Peoria Ballet in Peoria, IL. During a successful 12 year career dancing for the Kansas City Ballet, Louisville Ballet, Ballet Arizona, Ballet Met and Ballet Internationale-Indianapolis, Ian toured extensively including China, Taiwan, Canada and much of the United States. He has been a sought after guest teacher both in the US and abroad in Paraguay. Ian has danced several soloist and principal roles choreographed by Balanchine, Bournonville, Petipa, Andersen, Caniparoli, Whitener, Aliev among others. After studying with master teacher, Valia Seiskaya, he was accepted to the Kirov Academy.

Class assignments are subject to change.

	2018]	July 9-13	I				July 16-20	I				July 23-27		
Time Adv. 9:30 AM CL 11:00 AM 1	Monday Advanced Bergman	Tuesday Advanced Sgouramani	Wednesday Advanced Kikna	Thursday Advanced Sgouramani	Friday Advanced Bergman	Monday Advanced Poulis	Tuesday Advanced Sgouramani	Wednesday Advanced Kikna	Thursday Advanced Sgouramani	Friday Advanced Poulis	Monday Advanced Sgouramani	Tuesday Advanced Carpenter	Wednesday Advanced Kikna	Thursday Advanced Carpenter	Friday Advanced Sgouramani
11:15 AM CL	Contemp Rep	Pointe	Variations	Turns	Pointe	Variations	Pas de Deux	Character	Pas de Deux	Contemporary	Pilates	Variations	Port de Bras	Contemporary	Beats
12:15 PM 2	Bergman	Kikna	Kikna	Bergman	Sgouramani	Sgouramani	Poulis	Poulis	Poulis	Sgouramani	Carpenter	Sgouramani	Kikna	Sgouramani	Carpenter
1:35 PM CL	Pointe	Grand Allegro	Beats	Contemporary	Port de Bras	Pas de Deux	Contemporary	Variations	Grand Allegro	Port de Bras	Contemporary	Turns	Variations	Grand Allegro Carpenter	Variations
2:35 PM 4	Kikna	Sgouramani	Bergman	Sgouramani	Kikna	Poulis	Sgouramani	Sgouramani	Sgouramani	Kikna	Sgouramani	Carpenter	Carpenter		Kikna
2:45 PM CL	Petite Allegro	Contemp Rep	Grand Allegro	Pointe	Variations	Petit Allegro	Pointe	Pas de Deux	Variations	Character	Pointe	Pointe	Greek Dances	Variations	Greek Dances
3:45 PM 5	Sgouramani	Bergman	Sgouramani	Kikna	Bergman	Kikna	Kikna	Poulis	Kikna	Poulis	Kikna	Kikna	Sgouramani	Kikna	Sgouramani
Time A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM CL	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.
11:00 AM 1	Sgouramani	Bergman	Sgouramani	Kikna	Sgouramani	Sgouramani	Poulis	Sgouramani	Kikna	Sgouramani	Carpenter	Sgouramani	Carpenter	Kikna	Carpenter
11:15 AM CL	Variations	Turns	Contemp Rep	Variations	Port de Bras	Variations	Variations	Petit Allegro	Pointe	Port de Bras	Variations	Variations	Contemporary	Pointe	Port de Bras
12:15 PM 2	Kikna	Sgouramani	Bergman	Sgouramani	Bergman	Kikna	Kikna	Kikna	Sgouramani	Kikna	Kikna	Kikna	Sgouramani	Carpenter	Kikna
1:35 PM CL	Turns	Variations	Petit Allegro	Grand Allegro	Contemporary	Contemporary	Character	Pas de Deux	Character	Contemporary	Pte Shoe Fitting	Greek Dances	Petit Allegro	Greek Dances	Variations
2:35 PM 4	Bergman	Kikna	Kikna	Bergman	Sgouramani	Sgouramani	Poulis	Poulis	Poulis	Sgouramani	Carpenter	Sgouramani	Kikna	Sgouramani	Sgouramani
Time Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
12:25 PM CL	Intermediate	Intermediate Bergman	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
1:25 PM 3	Sgouramani		Sgouramani	Kikna	Kikna	Kikna	Kikna	Sgouramani	Kikna	Poulis	Kikna	Kikna	Sgouramani	Kikna	Carpenter
2:45 PM CL	Port de Bras	Turns	Allegro	Contemp Rep	Repertoire	Character	Turns	Port de Bras	Beats	Repertoire	Greek Dances	Turns	Repertoire	Greek Dances	Port de Bras
3:45 PM 5	Kikna	Kikna	Bergman	Bergman	Kikna	Poulis	Sgouramani	Kikna	Poulis	Kikna	Sgouramani	Carpenter	Carpenter	Sgouramani	Kikna
July 30-Aug 3 August 6-10										August 13-17					
Time Adv. 9:30 AM CL	Monday Advanced	Tuesday Advanced	Wednesday Advanced	Thursday Advanced	Friday Advanced	Monday Advanced	Tuesday Advanced	Wednesday Advanced	Thursday Advanced	Friday Advanced	Monday Advanced	Tuesday Advanced	Wednesday Advanced	Thursday Advanced	Friday Advanced
11:00 AM 1	Bergeman-Rak	Sgouramani	Kikna	Sgouramani	Bergeman-Rak	Bergeman-Rak	Sgouramani	Kikna	Sgouramani	Bergeman-Rak	Bauzys	Putrius	Kikna	Putrius	Bauzys
11:15 AM CL	Pilates	Pointe	Port de Bras	Petite Allegro	Beats	Pointe	Pointe	Yoga	Petite Allegro	Port de Bras	Character	Grand Allegro	Beats	Petit Allegro	Variations
12:15 PM 2	Bergeman-Rak	Bergeman-Rak	Kikna	Bergeman-Rak	Sgouramani	Sgouramani	Bergeman-Rak	Bergeman-Rak	Bergeman-Rak	Kikna	Putrius	Bauzys	Bauzys	Putrius	Kikna
1:35 PM CL	Pointe	Improvisation	Pointe	Improvisation	Petit Allegro	Pilates	Petit Allegro	Pointe	Contemporary	Variations	Port de Bras	Variations	Variations	Pointe	Beats
2:35 PM 4	Kikna	Sgouramani	Bergeman-Rak	Sgouramani	Kikna	Bergeman-Rak	Sgouramani	Sgouramani	Sgouramani	Sgouramani	Kikna	Kikna	Putrius	Kikna	Bauzys
2:45 PM CL	Turns	Grand Allegro	Contemporary	Variations	Variations	Petit Allegro	Variations	Variations	Variations	Grand Allegro	Petite Allegro	Character	Pas de Deux	Pas de Deux	Character
3:45 PM 5	Sgouramani	Bergeman-Rak	Sgouramani	Kikna	Kikna	Kikna	Kikna	Bergeman-Rak	Kikna	Bergeman-Rak	Bauzys	Putrius	Bauzys	Bauzys	Putrius
Time A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesdav	Wednesday	Thursday	Friday	Monday	Tuesdav	Wednesday	Thursday	Friday
9:30 AM CL	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.
11:00 AM 1	Sgouramani	Bergeman-Rak	Bergeman-Rak	Kikna	Sgouramani	Sgouramani	Bergeman-Rak	Sgouramani	Kikna	Sgouramani	Putrius	Bauzys	Putrius	Kikna	Putrius
11:15 AM CL	Variations	Port de Bras	Yoga	Improvisation	Pointe	Beats	Variations	Variations	Contemporary	Variations	Pas de Deux	Pointe	Character	Turns	Character
12:15 PM 2	Kikna	Kikna	Bergeman-Rak	Sgouramani	Kikna	Kikna	Kikna	Kikna	Sgouramani	Bergeman-Rak	Bauzys	Kikna	Putrius	Bauzys	Putrius
1:35 PM CL	Contemporary	Variations	Turns	Grand Allegro	Variations	Variations	Petit Allegro	Yoga	Grand Allegro	Port de Bras	Character	Grand Allegro	Port de Bras	Pas de Deux	Variations
2:35 PM 4	Sgouramani	Kikna	Sgouramani	Bergeman-Rak	Bergeman-Rak	Sgouramani	Kikna	Bergeman-Rak	Bergeman-Rak	Kikna	Putrius	Bauzys	Kikna	Bauzys	Kikna
Time Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
12:25 PM CL	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate Putrius	Intermediate	Intermediate	Intermediate
1:25 PM 3	Bergeman-Rak	Sgouramani	Sgouramani	Kikna	Bergeman-Rak	Kikna	Bergeman-Rak	Sgouramani	Kikna	Sgouramani	Kikna		Bauzys	Kikna	Bauzys
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2:45 PM CL	Turns	Port de Bras	Petit Allegro	Stretch/Strengther	Improvisation	Petit Allegro	Contemporary	Variations	Stretch/Strengther	Port de Bras	Variations	Port de Bras	Turns	Character	Grand Allegro
3:45 PM 5	Kikna	Kikna	Kikna	Bergeman-Rak	Sgouramani	Bergeman-Rak	Sgouramani	Kikna	Bergeman-Rak	Kikna	Kikna	Kikna	Kikna	Putrius	Kikna

MARY CARPENTER (July 23-27)

Mary is on faculty at Barnard College, The New School University, and Steps on Broadway. She trained at the Cincinnati Ballet School, Butler University, and David Howard Dance Center on scholarship. Mary is a much sought after pointe shoe expert for Chacott by Freed of London in NYC, and has over twenty years of experience working with principal dancers at ABT, The Royal Ballet, and NYCB to name a few. Ms. Carpenter has directed nine ballet classroom CDs and three instructional DVDs. In addition to ballet, she is also a Pilates mat instructor.

ANDREA BERGEMAN-RAK (July 30-August 10)

Seiskaya alum Andrea Bergeman-Rak began her career with Ballet Memphis and later, Minnesota Dance Theatre. She was a principal dancer with Peoria Ballet and also performed with the English National Ballet and Tulsa Ballet. Her repertoire includes soloist and principal roles in The Nutcracker, Giselle, Swan Lake, Carmina Burana, and the title role in Firebird. Multifaceted, Andrea was on the faculty at the schools of Ballet Memphis, Minnesota Dance Theatre and the Indianapolis School of Ballet. She is also a comprehensively certified Pilates instructor, having been a master instructor with Peak Pilates, and is a certified yoga teacher.

VILIA PUTRIUS (August 13-17)

Lithuanian born, Vilia Putrius joined the Lithuanian National Opera and Ballet Theatre in 1995 where she was a soloist for five years. In 2001, she joined Ballet Arlington in Texas as a principal dancer moving over to the Boston Ballet in 2004 and then on to the Festival Ballet Providence for 11 seasons. Her extensive classical repertoire includes principal roles in numerous classics such as Sleeping Beauty, Swan Lake, Giselle, Romeo and Juliet, The Nutcracker, Paquita and Les Sylphides. In addition to establishing extensive teaching credentials, Ms. Putrius has choreographed several contemporary works.

MINDAUGAS BAUZYS (August 13-17)

Lithuanian born, Mindaugas joined the Lithuanian National Opera and Ballet Theatre becoming a principal dancer. Continuing his training at the Mariinsky Theatre in St. Petersburg, he subsequently was engaged as a principal dancer with Ballet Arlington and a soloist with Boston Ballet. Performing internationally in the USA, Canada, Denmark, Spain, Latvia, Estonia and Russia, he has been featured in leading roles in numerous ballets such as Giselle, Swan Lake, The Sleeping Beauty, La Sylphide, Romeo and Juliet, Raymonda, Don Quixote and The Nutcracker. Currently he holds the position of ballet master with Festival Ballet Providence, RI.



SUMMER WORKSHOP INFORMATION

ELIGIBILITY: Ballet students must be at least at the Intermediate technique level. Students must either audition in-person, have the strong recommendation of their current teacher or provide a recent videotape of a classical variation being performed en pointe, as applicable. A placement audition by the director is required of all students who were accepted by other than an in-person audition.

CLASS SECTIONS: There are three basic levels offered: Advanced, Advanced/ Intermediate and Intermediate. The Intermediate Level is available in two formats. For those students en pointe and strong enough to take three classes daily, class period 2 from the Advanced Intermediate schedule is added to the two Intermediate classes (periods 3 & 5) on the Intermediate schedule. The appropriate tuition for each program is on the cover of this brochure.

RESERVATION DEPOSIT: In order to assure a place in the workshop, a NON-REFUNDABLE \$500/\$400/\$325/\$225 dollar reservation fee, as applicable, must be deposited with BESFI. The deposit is fully applicable towards tuition and must be received NOT LATER THAN June 1, 2018 for qualified students competing for a scholarship and June 15, 2018 for all others. For students accepted and registering for the workshop after June 30th, the total tuition is due in advance upon registration. For students with a reservation deposit, total tuition is due on the first day of class unless other arrangements have been made in advance. A complete listing of all tuition fees is on the front panel of this brochure. ALL FEES ARE NON-REFUNDABLE AND ARE DUE AS NOTED.

SCHOLARSHIPS: A limited number of merit scholarships are available to Suffolk County residents who are committing to a minimum of four weeks. Scholarships are awarded through an open competition adjudicated by a select panel of Ballet Masters. Requirements for applicants: AGE - must have reached their 10th, but not their 19th birthday, by December 31, 2018. RESIDENCY - must be a Suffolk County resident during the full preceding year. FINANCIAL COMMITMENT - must be enrolled for a minimum of four weeks. FEES - reservation deposit must be received by the scholarship competition date. The competition will be held on June 10, 2018 at the Seiskaya Studios with ages 10-13 at 1:00PM and 14 & up at 2:15PM. Dancers should arrive 1/2 hour early. For information: BESFI Info, P.O. Box 2146, St. James, NY 11780, or e-mail info@besfi.com. Remember: THE RESERVATION DEPOSIT MUST BE RECEIVED BEFORE A STUDENT MAY COMPETE FOR A SCHOLARSHIP. Results will be posted and winners' names released to the press.

ATTIRE: Fully-functional dance clothing in <u>good repair</u>. All female dancers en pointe must have at least <u>three</u> pairs of pointe shoes in new or serviceable condition. Advanced students attending for more than four weeks - four pairs of pointe shoes.

TRANSPORTATION AND HOUSING: The town of St. James is located on Long Island, approximately fifty miles east of midtown Manhattan. Rail transportation is via the Long Island Railroad, North Shore Line, which terminates in Port Jefferson. St. James is the appropriate stop on the Port Jefferson Line. The studio is a five-minute drive from the train station, and taxi and other services are available. Accommodations can be arranged with either a host family or similar facility. The fee, without meals included, is \$275.00 per week. Contact BESFI for further details on housing availability and meals.

DIRECTIONS: From Manhattan, take the Midtown Tunnel to the Long Island Expressway to Exit 56, Smithtown-Route 111. Turn left at the bottom of the ramp to head north on Route 111. Proceed north/northeast on Route 111 for seven miles, intersecting three main east-west routes: 454, 347 and 25, in that order. North of the Route 111-Route 25 intersection, Route 111 terminates and becomes Route 25A East. No turns are involved. At the end of the seven miles you will be in the hamlet of Head of the Harbor/St. James, and you will see Mills Pond Road on your right-hand side. Turn onto Mills Pond Road and proceed to the second entrance on your left which is the main entrance of the Flowerfield Park/Gyrodyne complex. Turn left into the complex; building No. 7 is the first large building on your right. Utilize the burgundy canopied building entrance marked 7 North/7N.

Dancer Brianna Jimenez

ALTERNATE APPROACHES: Take the Triborough Bridge to the Grand Central Parkway, then go east on the Long Island Expressway to Exit 56 and follow the directions above. From Brooklyn, south New Jersey, or Long Island's south shore, take the Belt Parkway to the Southern State Parkway, then the Sagtikos Parkway north to the L.I.E., and follow the above. From upstate New York and Connecticut, take the Throgs Neck Bridge to either the Cross Island Parkway south or the Clearview Expressway to the L.I.E., and follow the directions above. For those taking the Bridgeport-Port Jefferson Ferry, proceed west on Route 25A from the ferry terminal for approximately seven miles until you see Mills Pond Road. Turn left and proceed as directed above.

THE BALLET EDUCATION AND SCHOLARSHIP FUND, INC.
P. O. Box 2146
ST. IAMES, NEW YORK 11780

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